

DAFTAR PUSTAKA

- Cavagnaro L, Basso M, Mazzola MA, Formica M. (2014). “*Lumbar Traction in the Management of Low Back Pain: A Survey of Latest*” Results. J Nov Physiother 4: 231. doi:10.4172/2165-7025.1000231.
- Dunsford A, Kumar s, Clarke s. (2011). “*Integrating evidence into practice: use of McKenzie-based treatment for mechanical low back pain*”. Pubmed journal. Volume 4:393-402.
- Hawker A. G, Mian Samra, Kendzerska Tetyana, French Melisa. (2011). “*Measures of Adult Pain*”. American College of Rheumatology. Volume 63, No. S11.
- Kisner Carolin, and Colby Lynn. 2012. *Therapeutic exercise*, 6th edition. USA : F. A Davis Company
- Litcher-Kelly Leigham, Martino A. S, Stone A. (2007). “*A systematic review of measure used to assess chronic musculoskeletal pain in clinical and randomized controlled clinical trials*”. NCBI Journal. Volume 8, No. 12.
- Lopez-Diaz, V. J, Arias-Buria, L. J, Lopez-Gordo, E, Gordo, L. S, Oyarjun Ayors. (June, 2015). “*Effectiveness of continuous vertebral resonant oscillation using the POLD method in the treatment of lumbar disc hernia*”. Manual Therapy Journal. Volume 20, Issue 3, Pages 481–486.
- Machado, AC. L, Maher, G. C, Herbert, D. R, Clare. H, McAuley, H. J. (2010). “*The effectiveness of the McKenzie method in addition to first-line care for acute low back pain: a randomized controlled trial*”. BMC Medicine. Volume 8, No. 10.
- Olivera, C. V, Ferreira, H. P, Maher, G. C, Pinto, Z. R, Refshauge, M. K, Ferreira, L. M. (2012). “*Effectiveness of Self-Management of Low BackPain: Systematic Review With Meta-Analysis*”. Arthritis Care and Research. Volume 64, No.11. pp 1739–1748. DOI 10.1002/acr.21737.

Saunders, Duane, BS, PT. (October, 2016). “*Lumbar Traction*”. The Journal of Orthopaedic and Sport Physical Therapy. Volume 1, No. 1.

Surkitt, D. L, Ford, J. J, Hahne, J. A, Pizzari. T, McMeeken, M. J., (2012). “*Efficacy of Directional Preference Management for Low Back Pain: A Systematic Review*”. APTA Journal. Volume 92, No. 5.

Tousignant. M, Poulin. L, Marchand. S, Viau. A, Place. C. (2015). “*The Modified-Modified Schober Test for range of motion assessment of lumbar flexion in patients with low back pain : A study of criterion validity, intra- and inter – rater reliability and minimum metrically detectable change*”. Pubmed jurnal,2005. Volume 27, No. 10.